





2017 ATLANTIC REGIONAL SYNCHRONIZED SKATING CHAMPIONSHIPS/ ELIZABETH SWAN MEMORIAL INVITATIONAL COMPETITION

Dates: January 28-29, 2017

Location: Conception Bay South Arena, Conception Bay South, NL

In Conjunction With: Skate Canada NL and Conception Bay South Skating Club

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EVENT PHILOSOPHY

The Regional Synchronized Skating Championships are part of the Skate Canada Synchronized Skating Championship qualifying system. These events are planned, managed and executed by Skate Canada Sections on a rotational basis, in conjunction with a local volunteer organizing team.

The purpose of this competition is to provide a developmental and competitive experience for synchronized skating teams which allows them the opportunity to qualify for the Skate Canada Synchronized Skating Championships in Novice, Intermediate, Open, Junior and Senior categories. The top team in each of the five qualifying categories in every Region may advance to the Skate Canada Synchronized Skating Championships. Additional entries are allotted to regions based on their teams' placement at last year's National Championships and regional membership sizes.

In selecting host sites for these Championships, every attempt is made to move the event across each region in a regular cycle, to balance the costs faced by participants from year to year as much as possible, and to allow synchronized skating to be presented in various communities in each section.

In addition to experiencing the challenges and personal growth involved in competing at this level, one of the features of this competitive system is to allow skaters an opportunity to experience the cultural diversity of Canada through exploration of the area holding the championships.

The focus for skaters at this event is not only on qualifying for the Skate Canada Synchronized Skating Championships, but on the whole experience: self-satisfaction in achieving competitive goals and meeting competitors from across the region, and experiencing the camaraderie of traveling as part of a team.

GENERAL INFORMATION

The 2017 Atlantic Regional Synchronized Skating Championships will be conducted in accordance with Skate Canada rules and regulations for qualifying Synchronized Skating events. The host club for this event is the Conception Bay South Skating Club of the Newfoundland and Labrador Section – Skate Canada.

Ice Surface Size: 200 ft x 85 ft

CONTACT INFORMATION

Susan Thistle

c/o Skate Canada NL 1296A Kenmount Road, Paradise, NL A1L 1N3

Phone: 709-754-7848 Fax: 709-576-0549

Email: synchro.nl@hotmail.com Website: www.skating.nf.ca

Registration Website: https://skatenf.uplifterinc.com

ARENA(S) TO BE USED

Conception Bay South Arena

13 Graham Mifflen Drive

Phone: 709-834-6500, ext. 606 or 926 Email: sbishop@conceptionbaysouth.ca

ACCOMMODATION

The Official Hotel is: Fairfield Inn and Suites

199 Kenmount Road, St. John's, NL A1B 3P9 Rates: \$119 Phone: 709-722-5540 double room

Toll Free: 1-855-823-6346

Fax: 709-738-5877

Website: www.mariott.com

Group Code: Synchronized Skating

Other hotels in the area: The Capital Hotel

Toll Free: 1-800-503-1603 Website: www.steelehotels.com

Group Booking: (Iralph@capitalhotel.ca) or (jhill@capitalhotel.ca)

Note: Skaters, team managers, coaches and parents will be required to book accommodations directly with the hotel of their choice as required.

REGISTRATION

All registration will be done online at the Skate Canada Newfoundland and Labrador Registration website: https://skatenf.uplifterinc.com. See detailed registration instructions (Appendix A).

Registration will open Friday, December 9, 2016 at 1:00pm (NL). Registration will close Wednesday, December 21, 2016 at 5:00pm (NL).

Those wishing to pay by cheque or money order should forward payment immediately following online registration to:

Skate Canada NL

1296A Kenmount Road Paradise, NL A1L 1N3

REGISTRATION FEE

Teams skating two programs (Elementary – Adult III): \$300 + \$25 per skater
Teams skating one program (Beginner I and II): \$175 + \$15 per skater
*In addition, there is an \$8 Officials and Technology Development Fee per skater

ON-SITE REGISTRATION

All teams, coaches and team managers must register on-site at the Conception Bay South Arena. Registration will be held on Saturday, January 28, 2017, beginning 1 hour prior to the start of practices. A detailed schedule will be distributed following the deadline for online registration (December 21, 2016).

Only those skaters whose names appear on the team registration form as team members/alternates will be allowed to skate. Only those skaters whose names are listed on the team registration form for the Regional Synchronized Skating Championships will be allowed to skate in the 2017 Skate Canada Synchronized Skating Championships (Qualifying Competition Handbook Regulation 615-6). No substitution or addition shall be allowed. The number of allowable alternates on each team is four.

ACCREDITATION FOR EVENTS POLICY

Coaches

In order to receive accreditation at the 2017 Regional Synchronized Skating Championships, all coaches must be registered Professional Coaches in good standing with Skate Canada throughout the even and must meet the following requirements as outlined in the Accreditation for Events Policy.

Coaches must:

- Be NCCP Provincial Coach Certified or higher in any discipline for Novice, Intermediate, Open, Junior and Senior categories.
- Be NCCP Regional Coach Certified or higher for all other categories.
- Show proof of being registered as a Professional Coach in good standing.

Coaches must wear their Professional Coach Membership Card at all times.

Team Managers and Chaperones

All team managers and chaperones must be current Skate Canada registrants.

Two coaches, one team manager and two chaperones for a total of five people per team will be accredited. The names and Skate Canada numbers for these accreditations MUST be included on the online registration page under "Attending Personnel".

The main coach and one alternate (skater) will stand at the entrance to the ice, and the team manager and other alternates in the exit area (Kiss & Cry). The chaperones will be allowed in the dressing rooms ONLY and will not have access to ice level during practice and competition (including Kiss & Cry).

ACCREDITATION FOR COACHES AT THE 2017 SKATE CANADA SYNCHRONIZED SKATING CHAMPIONSHIPS

In order to receive coaches' accreditation from the association at the 2017 Skate Canada Synchronized Skating Championships coaches must, all be registered Professional Coaches in good standing with Skate Canada throughout the even and must meet the following requirements as outlined in the Accreditation for Events Policy.

- Be NCCP National Coach Certified in any discipline for all categories
- Show proof of being registered as a Professional Coach in good standing.

New coaches or foreign coaches who do not meet the above criteria will be accredited only if they qualify in accordance with Skate Canada Policies and Procedures.

MUSIC

All music used must be in the public domain or covered by the performing rights society.

Teams that have music composed especially for their programs, either in wholly or in part shall be responsible for obtaining a written release from the composer for the use of such music on radio and/or television or appropriate clearance from the performing rights society.

Music Requirements

Each team must provide two CDs for the competition upon registration. One for competition (marked "Master") and one for back up (marked "copy").

Standard Specifications for CDs and digital files

- 1. Only one (1) program shall be recorded on each CD.
- 2. The start of the music shall be recorded on the CD with less than 2 seconds of lead in.
- 3. Team's name followed by music time (not skating time) shall be clearly printed on the CD.
- 4. Each CD shall be enclosed in a plastic case marked with the team's name, event and total music time.

Post-Event Segment or Event

Music and skater detail sheets can be picked up from Registration, approximately 30 minutes after the completion of each event. Any music not picked up will not be returned.

AWARDS

Atlantic Regional Championships (Qualifying Categories - Novice and higher): Awards will be presented as per Event Management Handbook- Section 7000- E-1.3 *Note: If there is only one team entered in an event, an exhibition skate shall be performed but no prize shall be awarded.

Elizabeth Swan Memorial Invitational (All Categories - Qualifying & Non-Qualifying - Beginner I and higher): The top three placements in each category shall be awarded a prize. In a category where there are less than three entries, then the number of prizes shall equal the number of entries.

Awards will be presented on-ice at the conclusion of the competition. Skaters should wear competition outfits and skates.

EVENT SCHEDULE

A finalized schedule of events and practices (if held) will be provided to each team at registration on-site and will be posted on the event website: www.skating.nf.ca

A tentative schedule will be emailed to teams following the deadline for online registration (Wednesday, December 21, 2016). All practices and competition will occur on Saturday, January 28th and Sunday, January 29th.

PLEASE NOTE:

- PRACTICES WILL ONLY BE HELD FOR QUALIFYING EVENTS.
- NON-QUALIFYING EVENTS WILL NOT HAVE AN OFFICIAL PRACTICE.
- ALL TEAMS (EXCEPT BEGINNER CATEGORIES) WILL SKATE TWO PROGRAMS.

<u>Information for double entry skaters</u>: Should a schedule conflict arise between a practice time and event time, it is up to the skater, coach and team manager to decide what takes priority. The host committee may not manipulate the official start orders or start times in order to accommodate competitors who are skating on more than one team.

CEREMONIES

Opening ceremonies will be held prior to the start of competition on Saturday, January 28, 2017. A detailed schedule will be distributed to teams following the deadline for online registration (December 21, 2016).

Following the opening ceremonies, banners may be displayed around the arena as long as they do not cover any advertising or promotional signs.

LIABILITY

Skate Canada and the Host Committee accept no liability for bodily or personal injury, or for property loss or damage incurred by participants and officials. As a condition of and in consideration of their entries in the Regional Synchronized Skating Championships, all participants and their parents or guardians, shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with, the conduct and management of the Regional Synchronized Skating Championships and to release any and all claims they may have against the officials, Skate Canada and the 2017 Atlantic Regional Synchronized Skating Volunteer Team and their officers and their entries shall be accepted on these conditions.

The Host Committee will provide emergency medical services for all competitors and officials during the practice and competition times on the event dates.

GENERAL REGULATIONS

ELIGIBILITY

The 2017 Atlantic Regional Synchronized Skating Championships is open to all teams from New Brunswick, Nova Scotia, Prince Edward Island and Newfoundland and Labrador sections registered with Skate Canada as per Regulation 620-8 of the Qualifying Competition Handbook and meeting the requirements outlined in the description of events to be held. There is no qualification process to enter the event, however a qualifying round may be held if entry numbers warrant.

EVENTS TO BE HELD

The following events must be included in the 2017 Atlantic Regional Synchronized Skating Championships. There are no test requirements. The following categories are based on age and number of skaters. Refer to *Skate Canada 2016-2017 Synchronized Skating Technical Requirements*.

Novice

A team of 12 to 16 skaters. Skaters must have reached the age of 10 as of July 1st preceding the competition. 75% of skaters must not have reached the age of 15, and up to 25% must not have reached the age of 19 as of July 1st preceding the competition.

Intermediate

A team of 12 to 16 skaters. Skaters must have reached the age of 12 as of July 1st preceding the competition but must not have reached the age of 25 as of July 1st preceding the competition.

Open

A team of 12 to 16 skaters. Skaters must have reached the age of 12 as of July 1st preceding the competition.

Junior

A team of 16 skaters. Skaters must have reached the age of 13 as of July 1st preceding the competition but must not have reached the age of 19 as of July 1st preceding the competition.

Senior

A team of 16 skaters. Skaters must have reached at least the age of 15 as of the July 1st preceding the competition.

NON-QUALIFYING EVENTS

Beginner I

A team of 8 to 16 skaters. No age limit (recommended skaters working on CanSkate Stage 4 or higher).

Beginner II

A team of 8 to 16 skaters. Skaters must not have reached the age of 12 as of July 1st preceding the competition. At least 75% of the skaters must not have reached the age of 10 as of July 1st preceding the competition.

Elementary

A team of 8 to 16 skaters. Skaters must not have reached the age of 15 as of July 1st preceding the competition. At least 75% of the skaters must not have reached the age of 12 as of July 1st preceding the competition.

Juvenile

A team of 8 to 16 skaters. Skaters must not have reached the age of 15 as of July 1st preceding the competition.

Pre-Novice

A team of 8 to 16 skaters. Skaters must not have reached the age of 19 as of July 1st preceding the competition. At least 75% of the skaters must have reached the age of 10 as of July 1st preceding the competition.

Adult I

A team of 8 to 20 skaters. Skaters must have reached the age of 19 as of July 1st preceding the competition.

Adult II

A team of 8 to 20 skaters. Skaters must have reached the age of 19 as of July 1st preceding the competition. At least 75% of the skaters must have reached the age of 25 as of July 1st preceding the competition.

Adult III

A team of 8 to 20 skaters. Skaters must have reached the age of 19 as of July 1st preceding the competition. At least 50% of the skaters must have reached the age of 35 as of July 1st preceding the competition.

FILLING MAXIMUM EVENT QUOTA AT REGIONALS (Event Management Handbook -Section 7000 E-1.1 (7)

If the maximum quota in the Junior or Senior category at a Regional Synchronized Skating Championship is not filled due to insufficient entries, that event may be held, but will not be mandatory. (Should a team decide not to compete due to insufficient entries, they must still submit all required forms and entry fees by the registration deadline.)

SINGLE ENTRY TEAMS (Novice, Intermediate and Open)

Should a category only have one entry, the team will be given the option to not attend the Regional Championships and will qualify directly to the Synchronized Skating Championships. Single entries will be notified no later than one week following the entry submission deadline and will be given the option to skate an exhibition and be assessed/monitored by a full panel of officials. Detail sheets by official will be provided following the performance in this case. If two or more entries have registered, the event will take place regardless of qualifying entry quotas.

ALTERNATES

There can be up to a maximum of 4 alternates for any team in all categories.

PROBLEMS DURING A PERFORMANCE

The Technical Representative or his/her designate (ice level referee) may ask a team alternate to go on the ice during a performance to retrieve any objects that have dropped on to the ice (hair accessories, etc.) so that a performance does not have to be interrupted and so that there is no danger to the skaters. To this end, it is requested that each team, where possible, have an alternate dressed with skates on and skate guards off, available at the entrance area during the team's performance.

DRAWS

A random draw will be used for the first portion of all events. The Chief Data Specialist as per Event Management Handbook - Section 7000 - G - 1.5 will conduct the draws. The starting order for qualifying events for the first portion of the event will be available ten days prior to the start of the competition. The drawn starting orders (initial and subsequent) shall also apply for the official practice ice for all parts of the competition (if practice ice is available and being offered).

The draw for all subsequent events (including those events where the free program is skated twice) will be conducted at the Conception Bay South Arena. Upon registration, teams will be notified of the location and times for all draws.

A coach and/or team captain shall be in attendance for all subsequent draws. In the event that a team is not represented, the Technical Representative will make the draw on behalf of the team. Draws for subsequent parts of the event will be posted immediately following the results of the previous part.

STARTING ORDERS (Event Management Handbook - Section 7000-G-1.5)

- 1) **STARTING ORDER FOR THE FIRST PART OF AN EVENT**: The skating order shall be determined by a random draw in each event with the following exception: should a Short Program and Free Program constitute one event, the starting order for the Free Skating Program shall be determined from the results of the Short Program as follows:
- 2) **STARTING ORDER FOR SUBSEQUENT PART OF AN EVENT:** As soon as possible after the determination of the results of the preceding part, the Referee or Assistant Referee, in the presence of at least one team shall divide the teams for the purpose of the draw for the next succeeding part (in the order in which they finished in the previous part) into the smallest possible number of equal groups. If the number of teams is not equally divisible, the last group to skate (and as many preceding groups as necessary) must contain one more team than the first group. The lowest placed group must skate first, the next lowest second and so on.

TIES (CPC Regulations, Section A – 105 - 2 Determination of results in each part of a competition):

If two or more teams have the same result, the Total Technical Score will break the tie in the short program and the Program Components Score will break the tie in a free skate program. If these results are also equal, the teams concerned will be considered as tied.

CONDUCT OF EVENTS

See Skate Canada Event Management Handbook - Section 7000 E, & G, and Skate Canada CPC Regulations (Section A and B) for specific rules governing the Regional Synchronized Skating Championships, which take precedence over other rules for competitions of Skate Canada, as set forth in all other parts of the Skate Canada Rulebook and Policies and Procedures Manual. General competition rules shall apply where applicable.

RESULTS CALCULATION

The Cumulative Points Calculation System will be used.

MARKING/ JUDGING SYSTEM

Judging of Novice, Intermediate, and Open free programs will be as follows:

- Each team will skate their free program twice, each time may be with a different panel of judges. Final results will be based on the combined results of both skates as per the following factors:
 - In the first portion of the event, the total score of the free program will be multiplied by a factor of 0.5.
 - ➤ In the second portion of the event, the total score of the free program will be multiplied by a factor of 1.0.
- The draw for the second free program will be seeded, based on the results of the first program, in the same manner as an event with a short and free program component.
- The total mark for Program Components will be used to break a tie in both free programs.

QUALIFICATIONS TO COMPETE AT 2017 SKATE CANADA SYNCHRONIZED SKATING CHAMPIONSHIPS

Teams will qualify to compete at the Skate Canada Synchronized Skating Championships (Qualifying Competition Handbook Regulation 620-14) as follows:

1) The final result in each Regional event shall determine the competitors eligible to enter the equivalent National qualifying competition.

- 2) **NOVICE, INTERMEDIATE, OPEN, JUNIOR, AND SENIOR**: Teams that place 1st in Novice, Intermediate, Open, Junior and Senior categories at Regional qualifying events may be selected to represent the Section in the respective National qualifying competition.
- 3) ADDITIONAL ENTRIES BASED ON REGISTERED ASSOCIATE MEMBERS IN SECTION: For every 15,000 registered associate members in the Region, an additional team may be entered into each category at the National qualifying event. The number of sustaining members shall be determined by the membership year September 1 to August 31 of the year preceding the National qualifying event.
- 4) Teams placing in the top five at the Skate Canada Synchronized Skating Championships will earn their Region an additional entry (or entries) into the respective category at the National qualifying round the following year.

Should a team(s) not be able to attend the Skate Canada Synchronized Skating Championships for any reason, the next best placed team(s) will have the opportunity to compete at the event.

The Skate Canada national office must receive all required registration information no later than 48 hours after the completion of the Regional Synchronized Skating Championships. The entry list for each Regional Championships will be submitted to Skate Canada by the **Regional** event organizing committee.

PRACTICE ICE

Upon registration or attendance at an officially scheduled practice session, teams are not permitted to skate on any ice surface other than the official practice or competition ice as scheduled for the event.

Information about available practice ice will be posted on the section website at www.skating.nf.ca.

ENTERING AND EXITING THE ICE SURFACE:

- a) Prior to the announcement, the Team to skate shall enter the competition ice surface for their warmup at the sign of the Referee's Assistant at ice level. Following a warmup period of at least **one (1)** minute, the Team is announced.
- b) Each team must take their starting position and make a signal to the Referee, at the latest, thirty (30) seconds after their name has been announced, failing which the music will be played.
- c) A team must not take more than thirty (30) seconds for exiting from the ice surface.

Sections a), b) & c) apply to both the short program and the free skating segments.

SERVICES

MEDICAL AND SECURITY SERVICES – Provided on site.

INFORMATION/LOST AND FOUND – Available at the registration desk.

PHOTOGRAPHY – A digital team photo will be distributed to all teams and is included in the cost of registration.

SOUVENIRS/BOUTIQUE – Merchandise will be available for purchase onsite. More information will be distributed to teams following the deadline for registration (December 21, 2016).

ANNOUNCEMENT SUBJECT TO CHANGE



2016 Skate Canada Regional Synchronized Skating Championships

Elizabeth Swan Memorial Invitation Competition

Registration Instructions

1. Set up an Account:

- Go to the Skate Canada NL Registration website (https://skatenf.uplifterinc.com)
- Click "Login" on the top right hand corner of the page





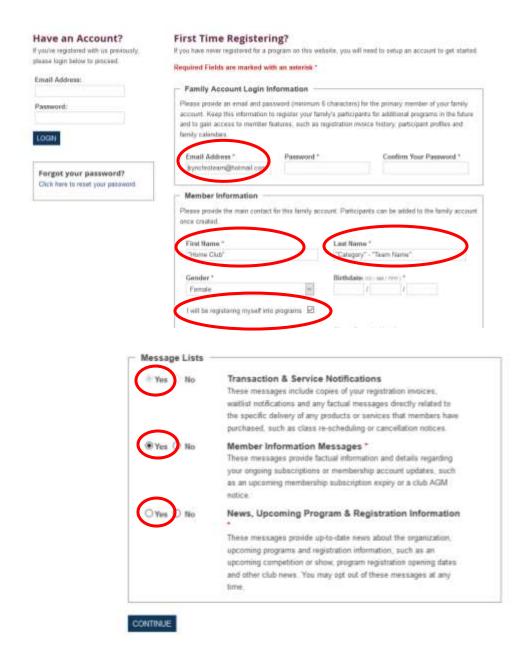
Skate Canada NL - Registration

Welcome to the Skale Canada Newfoundland and Labrador Registration Website!

We are currently holding registration for the this programs listed below. Please read carefully the requirements for each program. Click here for more information on how to register.

- Follow the instructions under "First Time Registering?" (RECOMMENDED) OR
- Login to an existing Skate Canada NL Uplifter account (only if the team is going to be registered as a participant under this profile)
- Enter the following:
 - Email Address Team managers will either:
 - Create a new profile with a <u>unique</u> email address for their team (RECOMMENDED) OR
 - Add the team as a new participant under an existing Skate Canada NL Uplifter profile (login and under "My Account" enter the team as a new participant)
 - First Name Enter the "Home Club"
 - Last Name Enter the "Category" and " Team Name"

- If you have created a unique profile for your team click on "I will be registering myself into programs" <u>Note: You will not need to fill in any of the additional information</u> requested
- At the bottom of the page click "Yes" to subscribe to all message lists to receive important information/updates regarding the competition.



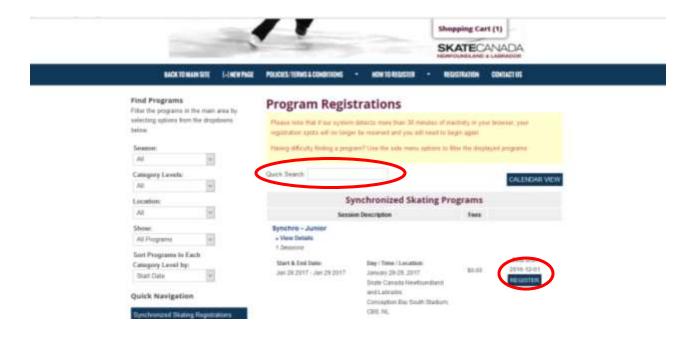
 Once you have set up your account, you will be brought back to the main page of the registration site.

2. Complete Team and Skater Registration

• Click the "Registration" tab



- Under "Quick Search", enter your category (ie: Elementary)
- Select the option desired by clicking the REGISTER button assigned to that option. A box will appear asking you to choose the participant for this program.
- Click on "Shopping Cart" to complete the **Team Registration**.



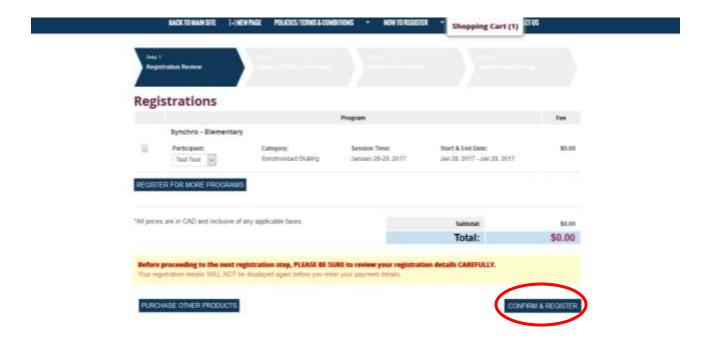
• Click on "Purchase other Products" to complete the **Skater Registration**. *Beginner Teams choose the 1 Program option. All other teams choose the 2 Program option.



 Under "Items for Purchase", Synchro Skater Registration enter the number of skaters on the team in the "QTY" box, click "Add to Cart".



In your Shopping Cart, click "Confirm & Register"



• You will be taken to a page indicating your payment options. After you have completed the payment process, you will receive an electronic invoice via email.

3. Submit Additional Information

- Once the deadline for registration has passed, Team Managers will be sent an email with a fillable team summary sheet to be returned with each skater's name, date of birth and Skate Canada number.
- Any additional documents/information, including medical waivers, merchandise information etc.,
 will also be sent via email after the deadline for registration has passed.

If you have any questions or experience any problems, please contact Jennifer Osmond at scnljennifer@sportnl.ca or 709-576-0509.